

## Friends Parent Forum- Covid-19 Video 7

Today's five take a-ways:

- 1. Keep it simple. Focus on the basics.** You can always add more later.
- 2. Find what works well for your family.** Give it some time, but do not be afraid to switch midstream if need be.
- 3. Ask other families like yours for ideas for specific subjects/curriculum ideas.**
- 4. Find a support group for homeschooling.** Focus not only on information exchange but fellowship- talk to each other about what God is doing in your family's life.
- 5. Develop a growth mind-set.** A fixed mind-set limits growth and learning for both parents and children.

We have included a set of resources for you on the Friends Website under family resources that we hope are helpful for you and your family.

### Resources:

#### *Growth Mindset Video*

[https://www.youtube.com/watch?v=KUWn\\_TJTrnU](https://www.youtube.com/watch?v=KUWn_TJTrnU)

#### *Adapted Mind*

<https://www.adaptedmind.com/>

#### *Homeschooling Support Groups and Resources*

<https://www.thehomeschoolmom.com/homeschooling-in-alaska/homeschool-organizations-support-groups/>

#### *Ladder Mouse*

<https://laddermouse.com/blogs/courses>

**Next Video:** Is a podcast! Parents sharing with each other about their highs and lows of the challenge of supporting our children in homeschooling.

Finally,

1. If you have questions or concerns, or ideas you want us to address for future videos: please email Kathie Stacy at [kstacy@friendschurch.org](mailto:kstacy@friendschurch.org)
2. Leia, Sonya and I will be praying for you! Be encouraged by this verse from Ephesians 6:4: "Fathers, do not provoke your children to anger, but bring them up in the discipline and instruction of the Lord."

## Biographies:

**AnneMarie Mattacchione-Chesser:** Mom of an adult child, wife to Dave Chesser 😊 No grandchildren yet, but I do have a cuddly grand dog. Working with children and families for over 38 years. Degrees in Early Childhood Education and Family Studies. M. ED in adult teaching and learning. Hobbies include culinary explorations, gardening, sewing, crafting, and painting (which I am terrible), Bible study and teaching.

**Leia Dillier:** Mom of 4 littles, and wife to Bren Dillier. Current occupation is home-schooling mom and holds a BS of Elementary Education. Hobbies include cleaning, having friends over, cooking, doing laundry. I don't have any actual hobbies (a tiny bit of reading) due to my mom life.

**Sonya Ramstad:** Mother of 5 children, wife to Rick Burroughs, Grandmother of Preston. Sonya is a retired 20-year military combat veteran. Hobbies include knitting, sewing, and crafting, and torturing my children on occasion.